



**Parental Consent for the Relax Kids group based at New Woods
Children’s Centre, Barker Avenue, Skegby**

The North Ashfield Schools Behaviour and Attendance Partnership (SBAP) offer additional support and advice to schools and families when children are at risk of exclusion from school.

Relax Kids supports children to learn how to calm down in stages. Parents and carers are expected to join in with the group and cannot sit out.

First we would like to know what you think

On a scale of 0 – 10, how difficult is your child’s behaviour at home? *(please circle)*

0 = No concerns around my child’s behaviour at home and generally getting on well
10 = the most difficult it could be

0 1 2 3 4 5 6 7 8 9 10

When your child becomes upset, how quickly do they calm?

0 = very quickly
10 = they take a long time to calm down

0 1 2 3 4 5 6 7 8 9 10

CONSENT – please read carefully

I give my consent for school to request support from the North Ashfield Primary Partnership for myself and my child to attend and join in with the 5 weeks Relax Kids group from 1:30 until 2;15pm.

I understand the group will support my child to develop ways to calm down.

I will bring them and stay with them and join in the group activities.

I have parental responsibility for this child.

Parent Name:

Parent Signature:

Child’s name:

School attended:

Date: